

1. Factual information			
Module title	Sewing 1.2 Child's Apron		
Module tutor	Kate Jaeger and Jo Price	Level	4
Module type	Guided project	Credit value	N/A
Mode of delivery	100% face to face		
Notional learning hours	17 notional hours: Module contact hours that include lectures, and may include individual and group tutorials, optional support sessions, workshops and value-added curriculum activities such as external speakers and trips and independent study time. Independent study: 3 hours		

2. Rationale for the module and its links with other modules
In this unit, students will have the opportunity to develop their machine- and hand-sewing skills through making a child's apron. They will build on previous machine-sewing skills explored in the Machine and Hand Sewing module. New skills such as patchwork, colour theory and block printing will be explored, and students will be able to use these again in the second-and third-year modules.

3. Aims of the module
Students are guided through pattern-cutting skills and machine- and hand-sewing techniques to create a child's apron. Embellishment techniques will be explored through patchwork and printing.

4. Prerequisite modules or specified entry requirements
N/A

5. Does the module permit compensation?
No



6. Learning, teaching and assessment strategy for the module

Teacher led, students are guided through the different stages of creating a child's apron with colour theory, printing and a patchwork pocket. Formative assessment is carried out throughout the project, and summative assessment is at the end of the module.

8. Indicative content (this should provide an overview of content over the number of weeks of module delivery)

Building on the foundation skills learned in the first project, students will cut and assemble a child's apron using hand- and machine-sewing skills. They will be introduced to decorative techniques such as printing and patchwork and will apply these to embellish the apron.

The weeks are structured with a new task each week that guides students through making an apron. For two weeks the students focus on printing and patchwork: half the group carries out the printing task and the other half does patchwork, and they swap the following week.

The lessons leave ample time for all students to carry out the task, and we have extension activities for the more experienced students, such as a chef's hat.

- Create pattern and lay and cut fabric
- Block printing and patchwork created for pocket
- Construct pocket and stitch to apron, cut apron ties
- Stitch ties in place, add back and stitch around, snip and bag out
- Top-stitch edges of apron and slip-stitch the ends of ties and summative assessment.

9. Assessment rationale

Students will carry out the project over a six-week block. During that time, the lecturers will be formatively assessing the work and giving constructive feedback. We will be carrying out a summative assessment of the work produced.

Pass:

- Adhere to safe working practises.
- Create a labelled paper pattern for a child's apron.
- Cut apron and pocket on the straight grain.
- Waist and neck strings stitched in place.
- Attach apron strings securely.
- Pocket created using patchwork.
- Attach pocket to apron.
- Print apron using colour theory to mix colours.
- Stitch apron right sides together and bag out.
- Top stitch around apron.
- Apron Ironed

- All raw edges concealed

Produce a design personalised for a child.

Assessment task	Weighting	Trimester submitted	Grading (pass/fail/%)	Module learning outcomes the assessment task maps to
001: Guided project: Child's apron	100%	T2	Pass/Fail	LO1, LO2, LO3, LO4, LO5, LO6, LO7

10. Teaching staff associated with the module

Name and contact details

Kate Jaeger, kate.jaeger@norland.ac.uk

Jo Price, jo.price@norland.ac.uk

11. Materials list

Sewing kit: sewing thread, needles, snip scissors and fabric scissors, quick unpick, child-centred fabric for patchwork. Found materials for printing.

Supplied: calico, wooden printed blocks, fabric paint, paper pattern
Found materials to print from: water bottles, fruit or vegetables and anything else relevant to a design

12. Other indicative text (e.g., websites) and material
Sewing machine instruction book
Norland sewing videos on Moodle
Supportive online resources such as YouTube and Pinterest
Sewing books in the library

13. List of amendments since last (re)validation		
Area amended	Details	Date Central Quality informed
Section 9	Change of assessment criteria to pass/refer rather than current pass/merit/distinction	01/07/2024
	Removal of reflective element from assessment	01/07/2024
Section 1	Notional hours changed from 50 to 17	03/07/2026





Document Control Information	
Policy Title:	Sewing 1.2 unit specification
Version number:	V5.0/KJ/03-07-26
Owner:	Kate Jaeger
Approving Body:	Programme & Module Modification Panel
Related Norland Documents:	N/A
Date of approval:	3 rd July 2026
Date of effect:	As above
Frequency of review:	Annually
Date of next review:	July 2027