

1. Factual information			
Module title	ND 1.2 Basic Care Skills		
Module tutor	Lucy Krebs	Level	First year
Module type	Taught	Credit value	N/A
Mode of delivery	100% face to face		
Notional learning hours	23 notional hours. Module contact hours include lectures and scheduled support sessions, and may include individual and group tutorials, support sessions, workshops and value-added curriculum activities such as external speakers and trips. Independent study: 3 hours.		
2. Rationale for the module and its links with other modules			
This module will provide the solid foundation of practical skills needed for working with very young children that are fundamental to the role of the nanny. Students will be taught through practical demonstration and will be given time to practise, and to document the processes for their practice handbooks. These will then act as revision guides for the assessments, which will be practical skills demonstrations. Links will be made to ND 1.1 Professional Skills 1 and the BA (Hons) module NC4202 Practice in the Early Years: The Setting. The learning in this module should build confidence for students in practice and will be revisited in Trimester 3 of each year of training.			
3. Aims of the module			
The aims of this module are to learn the basic care skills required of early years practitioners both in settings (T1) and in family homes (T2). Students will be assessed on following best practice processes when carrying out care routines and ensuring safety both at home and on the move.			
4. Prerequisite modules or specified entry requirements			
None			
5. Does the module permit compensation?			
No			
6. Learning, teaching and assessment strategy for the module			
Practical demonstrations Peer assessment			



Group activities
Workshops

7. Intended learning outcomes

At the end of the module, learners will be expected to:

1. Demonstrate best practice in practical care skills.
2. Compare and contrast appropriate resources for transporting children and demonstrate safe assembly and/or installation.
3. Demonstrate hygienic practice when practising care skills.
4. Identify risks to safety when transporting children and explain how these can be mitigated.

7a. Norland diploma programme learning outcomes met

PLO1, PLO3, PLO4, PLO6, PLO7

8. Indicative content (this should provide an overview of content over the number of weeks of module delivery)

Trimester 1

- Handwashing; topping and tailing, Nappies – newborns, older babies, toddlers, nappy types inc. folds
- Car-seat training, Prams and travel systems (folding, cleaning and storing) and Safety (at home, on the road, trips, significant information such as next of kin etc.)

Trimester 2

- Nappies and Topping and Tailing Revision
- Nappies and Topping and Tailing Assessment

Trimester 3

- Car Seat and Travel Systems Revision
- Car Seat and Travel System Assessment

Assessments will be undertaken in T3 with revision sessions throughout the academic year.

VAC session: Making up bottles and formula feed, winding and techniques, colic and reflux, sterilising bottles

Virtual babies to be taken home during first year

9. Assessment strategy, assessment methods, their relative weightings and mapping to module learning outcomes

Assessment strategy: Students will be assessed through practical skills demonstrations in session to show competence in carrying out care routines.

Assessment task	Weighting	Trimester submitted	Grading (pass/fail/%)	Module learning outcomes the assessment task maps to
- Practical skills assessments - Topping and tailing and Nappy changing - Making up a bottle and sterilising - Fitting a car seat and assembling a travel system	100%	Trimester 3	Pass/Refer	All

10. Teaching staff associated with the module

Name and contact details

Lucy Krebs, lucy.krebs@norland.ac.uk

11. Core reading list

Author	Year	Title	Location	Publisher
Norland	(no date)	<i>Norland Code of Professional Responsibilities</i>	Bath Spa	Norland

12. Other indicative text (e.g., websites)

CAPT (no date) *Child safety in the car*. Available at: <https://capt.org.uk/car-safety/> (Accessed: 02 May 2024).

NHS (2019) *How to make up baby formula*. Available at: <https://www.nhs.uk/conditions/baby/breastfeeding-and-bottle-feeding/bottle-feeding/making-up-baby-formula/> (Accessed: 13 May 2023).

Norland (No Date) *Norland Code of Professional Responsibilities* Norland

Reality Works (2019) *RealCare baby 3 – getting started with baby tutorial*. Available at: https://youtu.be/g8_OSxCP0xI (Accessed: 13 May 2023).

13. List of amendments since last (re)validation

Area amended	Details	Date Central Quality informed
Section 9	Change from pass/merit/distinction to pass/refer, removal of how-to guide and witness statements.	19/06/2024
Section 9	Assessment date to be moved closer to start of associated placement, preventing such a long period of time between teaching and assessment points	19/06/2024
Section 1	Notional hours changed from 50 to 23	03/07/2026

Document Control Information	
Policy Title:	ND 1.2 module specification
Version number:	V5.0/LK/03-07-26
Owner:	Lucy Krebs
Approving Body:	Programme & Module Modification Panel
Related Norland Documents:	N/A
Date of approval:	3 rd July 2026
Date of effect:	As above
Frequency of review:	Annually
Date of next review:	July 2027