



Unit specification

1. Factual information

Module title	Sewing 3.1 Fancy Dress Costume		
Module tutor	Kate Jaeger and Jo Price	Level	6
Module type	Guided project	Credit value	N/A
Mode of delivery	100% face to face		
Notional learning hours	14 hours face to face 14 hours of self-directed project work		

2. Rationale for the module and its links with other modules

In this unit, students will design and create a fancy-dress costume using a commercial pattern, as well as adapting a pre-existing garment.

3. Aims of the module

Each student will use a commercial pattern and be introduced to the terminology used and the relevant techniques required to create a garment based on their design. Students will also customise an existing garment to complete their fancy-dress outfit.

4. Prerequisite modules or specified entry requirements

N/A

5. Does the module permit compensation?

No

6. Learning, teaching and assessment strategy for the module

Teacher-led PowerPoints containing instructions, images and videos will be discussed at the beginning of each session. Each week, students are guided through the techniques of using a commercial pattern. They are also reminded of embellishment techniques learned over the previous two years to enable them to realise their design. Assessment is formative throughout, and a summative assessment is carried out in week 7.



7. Intended learning outcomes

At the end of the module, learners will be expected to:

1. Demonstrate and reflect on safe practice while using sewing tools and equipment and a sewing environment.
2. Design and create a fancy-dress costume_ for World Book Day.
3. Follow a commercial pattern to construct a garment.
4. Apply knowledge of fabric grain and accurately cut garment from fabric using the appropriate tools.
5. Apply sewing and embellishment techniques to create a design, incorporating a pre-existing garment.
6. Use an iron to enhance a garment's finish

7a. Norland diploma programme learning outcomes met

PLO1, PLO2, PLO4, PLO7

8. Indicative content (this should provide an overview of content over the number of weeks of module delivery)

Students will create a fancy-dress outfit for a child by using a commercial pattern to make a garment and will also customise an existing item of clothing to suit their theme using embellishment methods. Students will be encouraged to work independently to complete this project, drawing on all the skills and techniques learned during the course: use a commercial pattern to create a garment; adapt the pattern to suit the fancy-dress design; cut from fabric; embellish with techniques learned over the previous two years; and upcycle an existing garment to suit the theme. Students may also use this time to make any props, such as hats, wands, swords and masks.

- Identify and cut paper pattern
- Cut fabrics and begin embellishment
- Embellish garment including pre-existing garment
- Construct garment
- Finalise both garments, make any props
- Summative assessment



Assessment rationale

Students will carry out the project over six weeks. During that time, the lecturers will be formatively assessing the work and giving constructive feedback. We will be carrying out summative assessment of the work produced.

Assessment task	Weighting	Trimester submitted	Grading (pass/fail/%)	Module learning outcomes the assessment task maps to
001: Guided project: Fancy Dress Costume	100%	T1	Pass/Fail	All

10. Teaching staff associated with the module

Name and contact details

Kate Jaeger, kate.jaeger@norland.ac.uk

Jo Price, jo.price@norland.ac.uk

11. Materials list

Sewing kit: fabric scissors and snips, tape measure, pins, fabric pen, hand-sewing needles, threads and quick unpick

Fabric for garment and embellishment, buttons, embroidery threads

Supplied: commercial pattern, pattern paper, Bondaweb, elastic, some embroidery threads

12. Other indicative text (e.g., websites) and material



Sewing machine instruction book
Norland sewing videos on Moodle
Sewing books including Wild Things by Kirsty Hartley
Supportive online resources including YouTube and Pinterest

13. List of amendments since last (re)validation		
Area amended	Details	Date Central Quality informed
Section 1	Change to unit title	18/03/2025
Section 2	Minor change to rationale for unit	18/03/2025
Section 8	Minor change to indicative content	18/03/2025
Section 12	Additions made to indicative text	18/03/2025



Document Control Information	
Policy Title:	Sewing 3.1 module specification
Version number:	V4.0/KJ/24-07-25
Owner:	Kate Jaeger
Approving Body:	Programme & Module Modification Panel
Related Norland Documents:	N/A
Date of approval:	28 th February 2025
Date of effect:	As above
Frequency of review:	Annually
Date of next review:	February 2026