



Module specification

1. Factual information			
Module title	Sewing 2.2 Fabric Friend		
Module tutor	Kate Jaeger & Jo Price	Level	5
Module type	Guided project	Credit value	N/A
Mode of delivery	100% face to face		
Notional learning hours	14 hours face to face 14 hours of self-directed project work		

2. Rationale for the module and its links with other modules
Students will design and create a fabric friend and personalise it using hand embroidery. The fabric friend will be made with some recycled fabrics and a functional zip will be inserted to create a pocket.

3. Aims of the module
In this unit, students will create a fabric friend, which can be used as a transitional toy. It is made using upcycled fabrics while continuing to build on hand and machine sewing techniques. Embellishment techniques will be explored, specifically focusing on hand embroidery.

4. Prerequisite modules or specified entry requirements
N/A

5. Does the module permit compensation?
No

6. Learning, teaching and assessment strategy for the module
Teacher-led PowerPoints containing instructions, images and videos will be discussed at the beginning of each session. Each week, students are reminded of the techniques to use for construction and embellishment. Assessment is formative throughout, and a summative assessment is carried out in week 7.



7. Intended learning outcomes

At the end of the module, learners will be expected to:

1. Demonstrate and reflect on the ability to stay safe while using sewing equipment (to include irons) in a safe working environment.
2. Accurately use a paper pattern for a fabric friend.
3. Apply prior knowledge of fabric grain to fabric and cut fabric correctly and accurately for the project using appropriate tools including some recycled fabrics.
4. Develop, practise and experiment with hand-embroidery techniques to decorate fabric friend with at least two stitched used.
5. Develop sewing skills to insert a zip to create a pocket.
6. Recognise the difference and benefits of using upcycled fabrics for a project.

7a. Norland diploma programme learning outcomes met

PLO1, PLO2, PLO4, PLO7

8. Indicative content (this should provide an overview of content over the number of weeks of module delivery)

Building on skills learned previously, students will design, cut and construct a fabric friend to be used as a transitional soft toy for a child. Students will learn and develop hand-embroidery skills to personalise their fabric friend. Emphasis will be on advancing sewing skills using more specific finishing techniques.

Week 1: Explore embroidery stitches and discuss design

Week 2: Use pattern and cut fabrics; begin embellishment

Week 3: Insert zip



Weeks 4 and 5: Embellish fabric friend; stitch components such as ears, legs and arms

Week 6: Construct fabric friend

Week 7: Summative assessment

9. Assessment

Assessment rationale

Students will carry out the project over a six-week block. During that time, the lecturers will be formatively assessing the work and giving constructive feedback. In week we will be carrying out summative assessment of the work produced.

Assessment task	Weighting	Week submitted	Grading (pass/fail/%)	Module learning outcomes the assessment task maps to
001: Guided project: Fabric friend	100%		Pass/Fail	All

10. Teaching staff associated with the module

Name and contact details

Kate Jaeger, kate.jaeger@norland.ac.uk

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11. Materials list
Sewing kit: fabric scissors and snips, tape measure, pins, hand-sewing needles, threads, embroidery threads, quick unpick
Upcycled fabrics, fabric scraps, zip
Provided: embroidery threads, stuffing, Bondaweb, interfacing

12. Other indicative text (e.g., websites) and material
Sewing machine instruction book
Norland sewing videos on Moodle
Supportive online resources such as YouTube and Pinterest

13. List of amendments since last (re)validation		
Area amended	Details	Date Central Quality informed
Section 2	Additional detail provided for the rationale of the unit	18/03/2025
Section 7	Additional detail provided for the intended learning outcomes	18/03/2025
Section 9	Changes made to assessment rationale to make explicit this unit is assessed as pass/fail	18/03/2025
Section 12	Minor changes made to indicative texts	18/03/2025



Document Control Information	
Policy Title:	Sewing 2.2 unit specification
Version number:	V3.2/KJ/18-03-25
Owner:	Kate Jaeger
Approving Body:	Assessment Scrutiny Panel
Related Norland Documents:	N/A
Date of approval:	28 th February 2025
Date of effect:	As above
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