

Module specification

1. Factual information			
Module title	ND 2.2 Intermediate Care Skills		
Module tutor	Lucy Krebs	Level	Second year
Module type	Taught	Credit value	N/A
Mode of delivery	100% face to face		
Notional learning hours	10 hours of face-to-face teaching		

2. Rationale for the module and its links with other modules
<p>Building on ND 1.2 Basic Care Skills and integrating learning from the BA (Hons) modules NC4205 Principles of Equality, Diversity and Inclusion, and NC5205 Promoting Health in Practice, students will take their practical skills knowledge into the home and explore how they can meet a range of individual needs. Nannies need to know that not all hair requires the same care. In this module, students will learn what to do when headlice appear and the best tools for dealing with this. They will also learn how to ensure nails are trimmed and ears cleaned, how to support dental care, and how to manage that first trip to the dentist, all of which are fundamental to their practice. In the second half of the module, students will look at the practicality of sleep routines, bath times and mealtimes, with a view to promoting autonomy, choice and respectful behaviour.</p>

3. Aims of the module
<p>This module aims to give students the skills to carry out the intermediate care skills required as a nanny, such as caring for hair, skin and teeth and maintaining a calm environment for promoting autonomy throughout a child's daily routine. Students will explore tips and tricks for mealtimes and bedtimes and how to support parents in this.</p>

4. Prerequisite modules or specified entry requirements
<p>1.2 Basic Care Skills must be completed and passed before beginning this module.</p>

5. Does the module permit compensation?
<p>No</p>

6. Learning, teaching and assessment strategy for the module
<p>Face-to-face lectures Practical workshops Formative assessment Peer assessment</p>

7. Intended learning outcomes

At the end of the module, learners will be expected to:

1. Compare and contrast the care skills required for maintaining the health of skin, hair and teeth with respect for individual needs.
2. Explain how sleep, bath times and mealtimes contribute to holistic wellbeing and the practical processes that should be employed to ensure these.
3. Explore opportunities for promoting autonomy, independence and choice within care routines.

7a. Norland diploma programme learning outcomes met

PLO1, PLO3, PLO4, PLO5, PLO6

8. Indicative content (this should provide an overview of content over the number of weeks of module delivery)

T2

Week 5: Hair care (hair types, styling, cleaning, tools and products, headlice, hairdressing visits)

Week 6: Skin care (skin types, products, nail trimming, allergies, common conditions)

Week 7: Tooth care (cleaning, tooth loss, stages, products, dentist visits)

Week 8: Sleep (sleep hygiene, practical routines, making up a cot, safety, lighting, products, safe sleep and SIDs)

Week 9: Blissful Bathtimes (Safety, fun, products, nail trimming)

Week 10: Mealtimes (eating together, using cutlery, promoting choice and autonomy, products)

Week 11: Working on assessments

Week 12: Recap of Basic Care Skills

9. Assessment strategy, assessment methods, their relative weightings and mapping to module learning outcomes

Assessment strategy: Students will be expected to create ‘how-to’ guides for care routines that they can use as a reference in practice. This is because they may not immediately be experiencing different hair or skin types or be responding to selective eaters, and so having the information available to them and knowing it is reliable will be valuable as professional nannies.

Assessment task	Weighting	Week submitted	Grading (pass/fail/%)	Module learning outcomes the assessment task maps to
<p>How-to guide for: Hair care (500 words with pictures) Skin care (250 words with pictures) Tooth care (500 words with pictures) Bath times (250 words with pictures) Sleep and bedtime (500 words with pictures) Mealtimes (500 words with pictures) [All completed in session]</p>	100%	T2 Week 8	Pass/Merit/ Distinction	All

10. Teaching staff associated with the module

Name and contact details

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11. Core reading list				
Author	Year	Title	Location	Publisher
Norland	(no date)	Norland Code of Professional Responsibilities	Bath Spa	Norland College

12. Other indicative text (e.g., websites)
CHFD (no date) <i>Hair, teeth and nail care</i> . Available at: https://childrenandfamilyhealthdevon.nhs.uk/occupational-therapy/toolkits/self-help-toolkits/hair-teeth-nail-care/ (Accessed: 13 May 2023).
Clifford, G. P. (2021) <i>Baby sleep solution: 2021 edition: gentle ways to help your baby sleep through the night, the No Cry Sleep Solution for newborn and toddler, the advanced guide for parents</i> . Independently published.
GOSH (2019) <i>Mealtime strategies and food exploration</i> . Available at: https://www.gosh.nhs.uk/conditions-and-treatments/procedures-and-treatments/mealtime-strategies-and-food-exploration/ (Accessed: 13 May 2023).
NHS (2022) <i>Children's teeth</i> . Available at: https://www.nhs.uk/live-well/healthy-teeth-and-gums/taking-care-of-childrens-teeth/#:~:text=Brush%20teeth%20twice%20daily%20for,ppm%20and%201%2C500ppm%20fluoride (Accessed: 13 May 2023).
Sleep Foundation (2023) <i>Sleep hygiene: what it is, why it matters, and how to revamp your habits to get better nightly sleep</i> . Available at: https://www.sleepfoundation.org/sleep-hygiene (Accessed: 13 May 2023).

13. List of amendments since last (re)validation		
Area amended	Details	Date Central Quality informed



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Document Control Information	
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